

Our programs/ activities:

- Social advocacy & awareness program for ageing: Brochure, leaflets, poster, hoardings, print and electronic media.
- Free Domiciliary treatment for poor elderly: Poor elderly clients are providing with free physiotherapy, and treatment of diabetics, Hypertension, Asthma, Arthritis etc by paramedics.
- Referral to specialist doctor: complicated diseased patients are sent to the specialist doctors for treatment.
- Old Home: land acquisition for the old home is under process for 250 bed capacity building near capital city.
- Help line : our emergency help line is open round the clock at House no. 365/1 Road no. 6, DOHS Baridhara, Dhaka-1212, phone: 8419899.
- Tele medicine facilities for the elderly.
- Short message services for the referrals of the ailing elderly.
- Free medicine to the poor elderly as safety net measure.
- Funeral: currently we are providing assistance for the funeral services those who are unable.

Other services:

- Observing National / International days relating to the elderly.
- Procurement of logistics and medical equipment for the old home and Geriatric institute.
- Collaboration with the GOB / national/ International NGO/donors/Individuals on ageing programs.

Future Plan:

- In door medical services
- Outdoor medical services
- Formation of Volunteer club for elderly caring in each ward.
- Income generation offering skills to the able elderly.
- Rehabilitation program
- Recreational program
- Religious facilities
- Survey & research
- Institute for Geriatric medicine
- Training for the for the skill development
- Advocacy partnership with media.

Appeal:

In fact for our programs huge amount of financial help and technical assistance are required. As such we appeal to the government, National and International NGOs and wealthy philanthropic persons of home and abroad for their generous help, support, donation and Zakat funding to carry on our ongoing and future programs for the wellbeing of the destitute elderly people.

Care First Foundation



We Take Care of the Elderly People



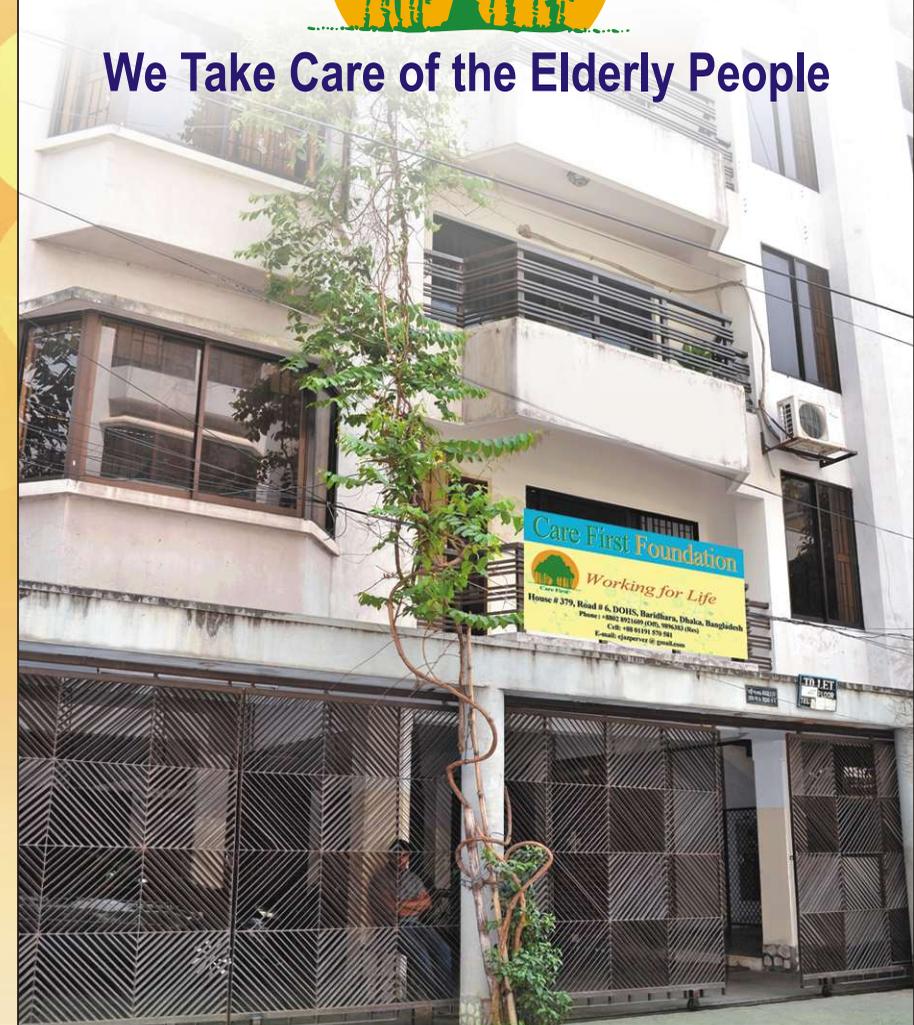
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We Take Care of the Elderly People



Facts about the Care First Foundation

Incorporated under the Bangladesh Societies Registration Act.XXI, 1860; Regd. Joint Stock no.S-11274, Care First Foundation (CFF) commenced its activities for the wellbeing of the ageing population in September 2011.

By the endeavor of Engr.Ejaz Pervez Hossain and Mr. Anhar A Chowdhury in cooperation with some philanthropic persons, CFF was founded to address the problems of elderly while Prof.AK Azad Khan, President, Diabetic Association of Bangladesh joined to act as the chief advisor of the organization.

CFF is a non profit, non political, non government, voluntary and charitable organization meant for the welfare of the elderly people without any discrimination to the cast, creed, race, religion and gender bias.

Causes of ageing

Ageing is the increase in the number and proportion of older people in the society. It has three possible causes such as longer life expectancy, decrease in birth rates and migration.

In Bangladesh Total Fertility Rate (TFR) has declined from 6.0 to 2.5 and the life expectancy at birth increased from 46 to 67 years (Source: BBS, USAID Survey 2010) from 1980 to 2010 within a short period of 30 years.

The recent demographic changes have caused a sharp rise in the number of the elderly which is about 10% (approx.) percent of the total population (census 2011). Consequently the demand for health care, food, nutrition, shelter and nursing for this segment of population has increased manifold.



Challenges of ageing in Bangladesh

Although the number of elderly population has increased considerably, the existing services provided to them are quite inadequate to meet their requirement.

Apart from the government programs there are a few service providers working for the elderly in the county. As the elderly (aged 60 and above) are economically inactive population, in the present socio economic context most of them are living in economic hardship, even some in extreme poverty and in poor health condition. Often their contribution towards the society is undermined leading to the Physical sufferings and mental disappointments. In addition to that most of them are the victims of geriatric diseases.

Bangladesh is a developing country with low income and the Government alone can't face this huge challenge of increasing number of elderly because the resources to meet their demand are very scare. Here the Old-age security and other social security supports are minimal as such most of the elderly depend on their family, relatives and community for their livelihood and caring. Their rights to food, shelter, health care and mobility are very often denied due to pressure on kith and kin.

Similarly, the situation of elderly women is worse than that of elderly men partly because they have longer life. Additionally their access to wealth, employment and scope of income generation are very limited due to various social factors.

Role of CFF

In view of the above magnitude of the ageing problems, Care First Foundation moved forward with the endeavor to undertake the action oriented programs for the well being of the elderly to offer them a sound physical, mental and social life so that they could live with honor and dignity and in happiness for the rest of their life.



Our vision:

To eliminate sufferings of the elderly and promote right based welfare to keep them physically healthy, mentally sound and socially active and enrich the nation by their gathered experience and wisdom.

Our mission:

To facilitate for the arrangements for security , shelter , health care, rehabilitation, occupational therapy, recreation for the elderly and to make the society older friendly.

Our Objectives:

- To study the socio-economic and health condition of the older people and to investigate the incidence of old- age disease, their causes and treatment.
- Referrals of the elderly patients to the doctors for diagnosis of Geriatric disease and prescriptions.
- Provide transport, car, and ambulance for carrying the patients to the clinics and hospitals.
- Supply free medicines and diet to the poor elderly men and women.
- To establish, manage and functioning of Old Home for elderly.
- Provide free lodging and health care for the distressed elderly.
- To provide domiciliary health care to elderly in urban residential houses for physiotherapy, diabetics, Hypertension, Asthma, Arthritis etc.
- To provide free satellite clinics for the elderly in the slums.
- To render funeral services for the unable.
- To conduct helpline for the elderly to offer emergency services.
- Respond to the victims of Disaster, natural calamity, flood, cyclone, cold wave, spread of pandemic disease

